

A close-up photograph of a hand about to tip a row of wooden dominoes. The dominoes are falling in a chain, with the first one already down and the others in various stages of falling. The background is softly blurred, showing a person's hand and some yellow objects.

CASE MANAGEMENT

WHEN LIFE IS TOO MUCH

**Perspektiven für unsere Region.
We want to help you find your way.**

What is Case Management?

The case manager will

- support you through counselling,
- guide you on how to address the difficulties you meet,
- help you solve problems.

With this help, you will be able to focus on finding a job again.

When can Case Management be helpful?

The case manager will support and counsel you when you

- have problems in the family,
- are in debt,
- need child care,
- have relatives needing care or nursing,
- feel alone or afraid,
- have problems with alcohol, drugs or gambling,
- experience emotional crisis due to
 - death of a family member or close person,
 - illness,
 - separation or divorce,
 - pain or confusion.





If you want support or feel you need counselling, talk to your personal contact in our Jobcenter! Our colleague will get you an appointment with a case manager.

How does Case Management work?

Your case manager will

- help you to take a good look at your situation
- support you to find helpful goals
- guide you to find alternatives for non-helpful strategies
- review what you achieve in the process.

Also, the case manager will make use of a vast network to find and organise any help and any special support you need.

Conditions and requirements

Case management will support you as soon as you decide you want to change your situation and accept help for this.

This service is temporary. It will only be necessary until you have reached the change you have decided on. You can get this counselling and support for up to two years.

Call 02303 2538-0

www.jobcenter-kreis-unna.de

